



## **2009 SUMMER PROFESSIONAL INSTITUTE**

*An opportunity for professionals to learn creative strategies and incorporate technology into group social skills programs or individual treatment with children and adolescents*

### **Program Schedule**

#### **Learning the LUNCH Groups™ Program Model**

##### **All Day Seminar**

Tuesday, June 23

9:00 am - 4:30 pm

#### **Group Strategies Workshop Series**

##### **5 Sessions**

Thursdays, July 9, 16, 23, 30, August 6

3:00pm - 6:00pm

#### **Technology Skills Workshop Series**

##### **4 Sessions**

Tuesdays, July 7, 14, 21, 28

3:00pm - 6:00pm

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#### **Presenter**

Bruce M. Gale, PhD  
Clinical Psychologist (PSY10598)

#### **Institute Location**

Encino, California  
To sign up, call (818) 788-2100 or  
email us at [info@behaviortech.net](mailto:info@behaviortech.net)



## Institute Overview

**The Summer Program** is broken into three related Institute Tracks: An all day seminar plus two time-limited weekly series of workshops. Participants may sign up for just one or all of the Tracks, as dictated by individual needs and interest. A **discount of 10%** will be applied for participants who enroll in all three Institute Tracks.

### **Track 1: Learning the LUNCH Groups™ Program Model (All Day Seminar)**

This program will provide a detailed overview of the **LUNCH Groups™** Program program model. Participants will learn, in detail, exactly how the program is structured, how initial assessment is conducted, the kinds of intervention strategies employed, how outcome data is measured, and how to blend technology into useful social and academic exercises that improve student functioning. (6.0 CE Credits available for Psychologists, MFTs, LCSW)

**Track 1 Details:** **Date:** (Tues) June 23, 2009; **Time:** 9:00 am -4:30 pm (includes lunch); **Cost:** \$195 per person

### **Track 2: Group Strategies Workshop Series (5 weekly sessions)** [see note #1 below]

We have created a unique experience via this series of 5 workshops. Participants will review videos and case material taken from our current summer children and teen programs. We will discuss specific intervention strategies and how to modify them for other situations. (15.0 CE Credits available for Psychologists, MFTs, LCSW)

**Track 2 Details:** **Dates:** (Thurs) July 9, 16, 23, 30, August 6 2009; **Time:** 3:00-6:00 pm; **Cost:** \$495 per person

### **Track 3: Technology Skills Workshop Series (4 weekly sessions)** [see note #2 below]

This hands-on workshop is designed to teach professionals the fundamentals of relevant technology for use in groups and individual practice. Commonly available programs, such as PowerPoint/Keynote, Excel/Numbers, Movie Maker/iMovie, data collection tools, and simple video editing programs will be reviewed. Participants will learn about useful web sites and free programs to help create meaningful interventions and basic outcome measures. (12.0 CE Credits, available for LCSW and MFTs; 4 CE Credits available for Psychologists)

**Track 3 Details:** **Dates:** (Tues) July 7, 14, 21, 28 2009; **Time:** 3:00-6:00 pm; **Cost:** \$395 per person

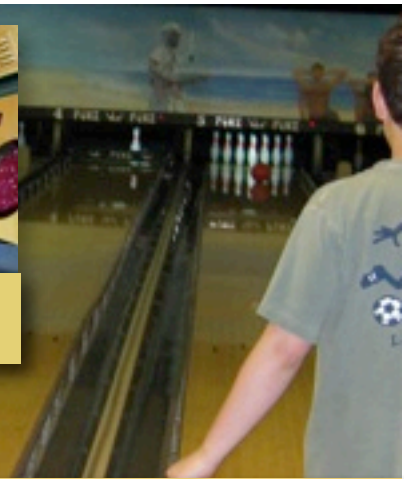
**Note #1:** *This series is recommended for professionals who wish to learn how to adapt some or all of the **LUNCH Groups™** program strategies for use in other treatment settings. **Prior attendance at the All Day Seminar is required.***

**Note #1:** *The Technology Skills series is recommended for professionals who wish to learn how to incorporate technology into groups and individual treatment in other treatment settings. **Attendees are advised to bring portable computers, AC & wireless available.***

Students practice executive functioning and social skills using simple and inexpensive avatar technology



Students practice pragmatics via simple and robust computer animation programs



We take group members out to community activities in order to practice "real-life skills"

**This Summer Institute** provides a rare opportunity to learn our comprehensive model of assessment and treatment. Recent data indicates that over **90%** of students who attend our programs find them enjoyable and would return; **76%** of parents reported their children made meaningful progress; and **88%** of parents improved at noticing and acknowledging their child's positive behavior.

### Seminar/Group Series (Tracks 1 & 2)

1. **Initial Assessment:** Learn how to interview parents during the very first contact, effectively engage students, plus novel ways to identify important target behaviors.
2. **Behavior Strategies:** Learn the strategies employed in our programs. This includes novel and effective ways of using social reinforcement, group contingencies, and other methods that quickly help students with varying behavioral and social challenges.
3. **Group Activities:** Become proficient at creating engaging technology-based activities that promote organization and planning, emotional control, awareness of others' feelings, conversational skills, and effective decision-making.

4. **Parent Involvement:** Learn what has worked best in our setting and, more importantly, how to survey and gauge parent interest.
5. **Skills Generalization:** Learn how we promote skills development outside group. Parents report progress online using a system that generates instant certificates for students to bring to group meetings.
6. **Use of Incentives:** While most of our intervention strategies make use of social reinforcement, we also use tangible rewards and make this part of the learning and behavioral rehearsal process.
7. **Eating Out & Community Activities:** Society is built around food and eating. Students practice healthy eating habits, manners, how to carry on conversations while consuming food, and how to behave in the community.

### Technology Series (Track 3)

This Workshop Track is designed to help professionals learn strategies and techniques for incorporating technology into clinical assessment and treatment.

Below is a brief summary of what will be covered.

**Session 1 (July 7):** Overview of how to use different technologies in group and individual treatment. Internet resources to use with students.

**Session 2 (July 14):** Introduction to PowerPoint, Keynote, and online presentation programs and ways to put them on the Internet to help students

**Session 3 (July 21):** Introduction to Excel, Numbers; tricks with word processors for story-telling, creating "coping strategies" forms, and other techniques.

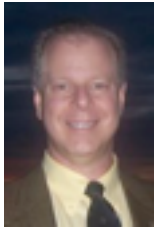
**Session 4 (July 28):** Introduction to digital image/video and editing

**Note:** Participants advised to bring own laptops



## Program Information

### About Your Instructor



Bruce M. Gale, PhD is a California-based clinical psychologist (PSY10598) specializing in treating social and emotional problems in individuals with autistic spectrum (ASD); attention deficit (ADD/ADHD); learning problems and developmental delays; oppositional

defiance; and spectrum anxiety disorders in both the special needs and general population.

Since the mid-90's, he has developed and conducted treatment programs employing technology to increase motivation and improve treatment outcome. His project for the past several years with children and teens has been LUNCH Groups™, a multi-modal (FUN!) treatment program. Dr. Gale frequently conducts independent evaluations (IEE) with students as part of school disputes and mediations and has frequently served as an expert witness. Dr. Gale has presented widely and is published on the use of technological enhancements to the assessment and therapy process. His work using technology in autism was highlighted in the film documentary, *"Normal People Scare Me."*

Currently the Chair for the California Psychological Association Division VI (Media, Technology, and Communication), Dr. Gale is also the Technology Advisor and a Research Team Member for PENT (Positive Environment, Network of Trainers (<http://www.pent.ca.gov>), coordinated through the California Diagnostic Centers. He has been one of a select group of facilitators in California for the past several years, assisting in providing state-wide intensive training to school district professionals on functional assessment and behavioral intervention strategies.

### About LUNCH Groups™

LUNCH Groups™ is a trans-diagnostic group treatment program designed to build executive functioning, pragmatic, and academic success skills, plus increase environmental awareness. During the past several years, we have revised and refined our group methods to provide an enjoyable and safe learning environment for students to practice and increase their skills.

### About BehaviorTech Solutions

BehaviorTech Solutions, Inc., founded in 1998, is located in Encino, California. We specialize in developing computer and Internet-based assessment and intervention applications, plus provide training regarding use of technology in educational and clinical settings.

### CE Credits

**For Psychologists:** BTS is approved by the American Psychological Association to offer continuing education for psychologists. BTS maintains responsibility for these programs.

**For LEPs, MFTs, & LCSWs:** Bruce M. Gale, PhD is an approved provider of continuing education by the California Board of Behavioral Sciences, provider number PCE 3402. These courses meet the qualifications for CE credit for MFTs and LCSWs as required by the BBS.

# Summer 2009 Institute Registration Form

**Mailing Address** Email: \_\_\_\_\_

**Professional Designation**

Ms.  Mr.  Dr.  Other \_\_\_\_\_

Psychologist

First Name: \_\_\_\_\_

MFT

Last Name: \_\_\_\_\_

LCSW  Other \_\_\_\_\_

Address 1: \_\_\_\_\_

Professional Degree: \_\_\_\_\_

Address 2: \_\_\_\_\_

License Number: \_\_\_\_\_

City: \_\_\_\_\_

License Expiration Date: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ - \_\_\_\_\_

Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Institute Tracks	Date(s)	Fee	Number Attending	Total
<i>T1: Seminar: Learning the LUNCH Groups™ Program Model</i> 6.0 CE Credits	June 23	\$195		
<i>T2: Workshop Series (5 sessions): Group Strategies (requires Seminar attendance, T1)*</i> 15.0 CE Credits	July 9, 16, 23, 30, August 6	\$495		
<i>T3: Workshop Series (4 sessions): Technology Skills (laptop computer advised)</i> 12.0 CE Credits (BBS) 4.0 CE Credits (APA)	July 7, 14, 21, 28	\$395		
<i>* You must attend T1 in order to enroll in T2.</i>			<b>Subtotal</b>	
<i>A 10% (\$108.50 per person) discount is available if all three tracks (T1, T2, T3) are selected</i>			<b>Discount</b>	
<i>If you are paying for multiple individuals or this is a P.O. (schools only), attach or fax registration for each participant and send all together with one payment.</i>			<b>Total</b>	

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## Payment Method

**Check** made out to **BehaviorTech Solutions, Inc** for \$\_\_\_\_\_ (enclosed)

**Credit Card:**  Visa  Master Card  American Express  Discover Card

Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration Date: \_\_\_\_ / \_\_\_\_ Security Code: \_\_\_\_\_

Amount Authorized: \$\_\_\_\_\_ Contact Phone: \_\_\_\_\_

Card Holder's Name: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

If paying by **Check**, mail in to: **16430 Ventura Blvd., Ste 107, Encino, CA 91436**

If paying by **Credit Card**, mail or Fax Registration Form to **(818) 530-4123**

**P.O. Numbers**

**P.O.s are accepted from public schools or established agencies.**

P.O. Attached

# \_\_\_\_\_

**Cancellation Policy:** There is a \$45.00 processing fee, per seminar or workshop, for refunds which are requested no later than two weeks prior to the date of the event. There are no refunds after that date. If a course must be cancelled due to unpredictable circumstances (e.g., earthquake, illness), the seminar will be rescheduled. Participants will be credited to take the rescheduled course or another BTS seminar. No refunds will be given.

Office Use only: Date Rcvd: \_\_\_\_\_ Chk # \_\_\_\_\_ Conf Sent: Y