



**Brief Data Summary
LUNCH Groups
2008-09 School Year Program Results**

Based on findings from our 25 families of teens and kids, the following results were reported. Comparison to 2007-08 results was also conducted.

If you wish to learn how to adapt our methods for your own program, we will be offering three programs this summer that review our strategies, organization, data collection, and use of technology. This program is designed for clinicians and school staff who wish to adapt evidence-based approaches to their own social skills programs.

More details regarding our one day seminar (June 23, 2009) and two time-limited workshops (starting in July) may be found at www.lunchgroups.com. We are offering a 50% discount for teachers and a 75% discount for current students. Additionally, professionals who sign up in groups of 3 or more receive a 15% discount.

Results

Child Progress

Description	2007-08	2008-09	2007 Stability	2008 Stability	Comparison
Looked forward to coming to group	96%	88%	Excellent	Excellent	Unchanged
More in control of emotions	57%	64%	Good	Good	Unchanged
More considerate of others	65%	60%	Good	Good	Unchanged
More respectful to peers	83%	68%	Excellent	Good	Unchanged
Follows directions more consistently	57%	52%	Good	Good	Unchanged
More aware of what he/she says to others	48%	68%	Fair	Good	Improved
Easier to take out into the community	70%	68%	Good	Good	Unchanged
Appears more aware of immediate environment	52%	56%	Good	Good	Unchanged
Less sad	39%	52%	Fair	Good	Unchanged
Engages in more frequent social interactions	57%	76%	Good	Excellent	Improved
Improved street/pedestrian safety	52%	56%	Good	Good	Unchanged
More willing to try new foods	57%	60%	Good	Good	Unchanged
Settles into routines or situations more easily	74%	60%	Excellent	Good	Unchanged
More conversations with kids his/her own age	65%	72%	Good	Excellent	Unchanged
Better conversations with adults	65%	72%	Good	Excellent	Unchanged
Better conversations with peers	70%	56%	Good	Good	Unchanged
More willing to discuss problems/consider solutions	57%	72%	Good	Excellent	Improved
Made at least minor changes during program	91%	88%	Excellent	Excellent	Unchanged
Made at least one major significant behavior change	65%	68%	Good	Good	Unchanged

Impact upon Family

Description	2007-08	2008-09	2007 Stability	2008 Stability	Comparison
More effective in managing my child's behavior	57%	64%	Good	Good	Unchanged
Look forward to spending time with my child more	17%	52%	Poor	Good	Improved
Raise my voice less often	57%	44%	Good	Fair	Unchanged
Use fewer negative consequences	57%	68%	Good	Good	Unchanged
Easier to take child places	74%	56%	Excellent	Good	Worse
I am more effective at noticing and acknowledging my child's positive behavior	87%	84%	Excellent	Excellent	Unchanged
managing behavior	52%	68%	Good	Good	Improved
My spouse (my child's other parent) and I are more consistent in how we respond to problems	52%	68%	Good	Good	Improved
Things are generally better in how my child and I get along	74%	72%	Excellent	Excellent	Unchanged

Treatment Fidelity

My child is in a safe environment	100%	100%	Excellent	Excellent	Unchanged
I felt comfortable with the arrangements for taking my child into the community	100%	100%	Excellent	Excellent	Unchanged
The food provided to my child was acceptable	100%	92%	Excellent	Excellent	Unchanged
The rules and procedures that Dr. Gale and his staff followed appeared helpful	96%	96%	Excellent	Excellent	Unchanged
The parent office meetings were useful	70%	76%	Good	Excellent	Unchanged
I enjoyed the parent dinners	N/A	68%	N/A	Good	Improved
The podcasts/audio progress summaries were helpful	35%	88%	Fair	Excellent	Improved
The interventions used in the program appeared effective in helping my child	87%	84%	Excellent	Excellent	Unchanged
I had sufficient opportunities to have my questions answered	91%	92%	Excellent	Excellent	Unchanged
The use of different technologies helped keep my child engaged or interested in attending	74%	80%	Excellent	Excellent	Unchanged
Going out to eat helped keep my child engaged or interested in attending	91%	88%	Excellent	Excellent	Unchanged
My child's confidentiality and identity when participating in projects has been adequately protected	100%	96%	Excellent	Excellent	Unchanged
I would recommend this program to other families	100%	100%	Excellent	Excellent	Unchanged

If you wish to receive the complete data analysis or have questions, write Dr. Gale at bgale@behaviortech.net.